

Associated factors with poor quality of life in patients with type 2 diabetes

Factores asociados a la calidad de vida en los pacientes con diabetes tipo 2

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In the article by Velázquez-López et al.¹, various factors have been studied in patients with type 2 diabetes mellitus (T2DM) to assess their quality of life, such as glycemic control, lipid profile, exercise, blood pressure, and more. However, some important factors that could also influence this medical context are missing.

Intervention in modifiable factors such as diet, triglyceride and cholesterol levels, pharmacological therapy, and adherence to preventive programs can improve patient management in primary care especially in men under 65 years old with a > 5 year history of T2DM. Including these variables could enhance the understanding of factors related to quality of life in these patients².

Among other comorbidities, Carrillo-Larco and Bernabé-Ortiz³ highlighted the importance of describing the interaction between T2DM and other infectious diseases that are a concern in South America. Therefore, attention should be given to the relationship between T2DM and tuberculosis or malaria, as the impact of these conditions on patients' quality of life is not well studied.

It is understandable that collecting all necessary data in a study is not always possible. Therefore, we suggest that future research consider these variables to improve the understanding of factors related to the quality of life in patients with T2DM.

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Conflicts of interest

The authors declare no conflicts of interest.

Ethical disclosures

Protection of Humans and Animals. The authors declare that no experiments were conducted on humans or animals for this research.

Confidentiality, Informed Consent, and Ethical Approval. This study does not involve patient personal data or require ethical approval. The SAGER guidelines do not apply.

Statement on the Use of Artificial Intelligence. The authors declare that no generative artificial intelligence was used in the drafting of this manuscript.

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