

Meta-analysis of gender inequities in cataract surgical coverage in Latin America

Metaanálisis de inequidades de género en la cobertura quirúrgica de catarata en Latinoamérica

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Abstract

Objective: To perform an updated meta-analysis of cataract surgical coverage (CSC) data in Latin American studies to confirm that gender equity exists in terms of receiving cataract surgery. **Materials and methods:** A literature search of Rapid Assessment of Avoidable Blindness (RAAB) studies in Latin American published since 2011 was done. Older studies from countries that did not have newer data published were also included. Using summary original study data of CSC rates on an individual basis, a random effects model of meta-analysis was performed to evaluate the differences in CSC between men and women. **Results:** Nineteen studies from 17 countries were included (Mexico data were pooled). The odds ratios at a visual acuity (VA) of < 3/60 and < 6/18 were 1.04 [95% confidence interval (CI): 0.82-1.32] and 1.04 (95% CI: 0.90-1.19), respectively, without heterogeneity. There were no significant gender differences for CSC at any VA level. **Conclusions:** This updated meta-analysis of CSC data from Latin American countries supports that gender inequity in terms of receiving cataract surgery is not an issue in the region. The results do not provide insight into gender inequity in terms of the quality of cataract surgery and other types of eye care services.

Keywords: Meta-analysis. Cataract surgical coverage. Gender inequity. Latin America.

Resumen

Objetivo: Realizar un metaanálisis actualizado de la cobertura de cirugía de catarata en estudios latinoamericanos para confirmar que existe equidad de género en términos del acceso a cirugía de catarata. **Material y métodos:** Se realizó una búsqueda de la literatura de "Rapid Assessments of Avoidable Blindness (Encuestas Rápida de Ceguera Evitable)" publicados en Latinoamérica desde el 2011. Se incluyeron también estudios anteriores de países que no tenían publicados datos más recientes. Utilizando el compendio de datos de los estudios originales de la cobertura de cirugía de catarata (Cataract Surgery Coverage, CSC por sus siglas en inglés) en base individual, se realizó un modelo de efectos aleatorios de metaanálisis para evaluar las diferencias en la CSC entre hombres y mujeres. **Resultados:** Se incluyeron 19 estudios de 17 países (los datos de México fueron agrupados). La oportunidad relativa (razón de probabilidades) para una agudeza visual (AV) de < 3/60 y < 6/18 fueron de 1.04 [95% Intervalo de confianza (IC): 0.82-1.32] y 1.04 (95% IC: 0.90-1.19), respectivamente, sin heterogeneidad. No hubo diferencias significativas para la CSC a ningún nivel de AV. **Conclusiones:** Este metaanálisis actualizado de la CSC de Latinoamérica, confirma que no existe inequidad de género en términos de acceso a cirugía de catarata en esta región.

Palabras clave: Metaanálisis. Cobertura de cirugía de catarata. Inequidad de género. Latinoamérica.

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Introduction

The majority of global blindness and moderate and severe visual impairment is found in women, who are at a higher risk of cataract blindness than men^{1,2}. Women have a longer life expectancy than men, so their risk of developing cataract is greater, and the prevalence of cataract blindness in women can be double of that of men in developing countries³⁻⁶. The degree to which cataract surgical services meet the needs of the population is measured by the global eye health indicator, cataract surgical coverage (CSC), defined as the proportion of people with bilateral cataract eligible for cataract surgery (at 3/60 and 6/18 level, equivalent to 20/400 and 20/60 levels, respectively) who have been operated on in at least 1 eye⁶.

Unfortunately, global data demonstrate gender inequity in CSC in low- and middle-income countries, with less women undergoing cataract surgery than men⁷⁻⁹. Not only is there inequality in CSC among women and men, but women tend to have worse postoperative visual outcomes, compared to men⁹. The reasons for the inequity in CSC may be attributed to gender-defined roles in patriarchal societies (such as when women have less control over finances and less disposable income than men), costs, the need to travel far to access surgery, and lack of awareness^{7,10-13}.

Health inequities in Latin America are among the greatest in the world^{14,15}. However, gender inequity does not appear to be an issue for eye health in Latin America. The prevalence of blindness in men and women is the same for the age group 50 years and older (1.6%) and for all ages (0.4%)¹⁶. A 2012 meta-analysis using a random effects model evaluated CSC data from 11 epidemiological studies in 11 Latin American countries and did not find gender inequity existed in terms of receiving cataract surgery¹⁷. A similar finding was reported in an assessment of CSC in 7 recent Latin American studies¹⁴. We performed an updated meta-analysis of CSC data reported in Latin American epidemiological studies since 2011 to confirm that gender equity exists in terms of receiving cataract surgery in the region.

Materials and methods

This meta-analysis study adhered to the Declaration of Helsinki and was not approved by an Institutional

Review Board, because the retrospective data extracted from the literature only existed in deidentified format.

Study selection

Earlier ophthalmic epidemiological studies used the Rapid Assessment of Cataract Surgical Services (RACSS) methodology, but this methodology was updated and became the Rapid Assessment of Avoidable Blindness (RAAB) methodology, which is now the preferred standardized methodology to collect CSC data^{6,18,19}. Because study designs must be similar with comparable outcomes for pooling data in meta-analysis,¹⁷ and RACSS studies are no longer performed, we searched for new RAAB studies for inclusion in this updated meta-analysis. Therefore, an updated literature search was performed on PubMed to identify any new RAAB studies from Latin American countries that were published from January 1, 2011 through September 2, 2019. The search terms employed were "RAAB", "Rapid Assessment of Avoidable Blindness", "ERCE", and "Evaluación Rápida de Ceguera Evitable" in combination with "Argentina", "Bolivia", "Brazil", "Brasil", "Chile", "Colombia", "Costa Rica", "Cuba", "Dominican Republic", "la República Dominicana", "Ecuador", "El Salvador", "Guatemala", "Honduras", "Mexico", "México", "Nicaragua", "Panama", "Panamá", "Paraguay", "Peru", "Perú", "Uruguay", and "Venezuela". We also searched the RAAB Repository (<http://raabdata.info/repository/>), a public online database of RAAB studies, where study authors have the option to upload RAAB data, study reports, and related publications. We combed through RAAB studies for age and sex-reported CSC data for individual men and women for pinhole visual acuity (VA) at 3/60 and 6/18 and at < 20/400 and 20/60.

After selecting the new RAAB studies for analysis, we next selected older studies (published before 2011) analyzed in the previous meta-analysis¹⁷ for inclusion in the updated meta-analysis. Any RAAB or RACSS study that was published through December 31, 2010 and based in a Latin American country that did not have a newer study with newer data published after December 2010 was included in the updated meta-analysis.

Data extraction and calculations

Summary-level CSC data for individuals only were extracted from all eligible studies using visual acuity levels of 3/60 (equivalent to 20/400) and 6/18 (equivalent

Table 1. Study characteristics. All studies were Rapid Assessments of Avoidable Blindness, unless otherwise identified by an asterisk (*) as a Rapid Assessment of Cataract Surgical Services

Country	Study year	Location, type	Sample size	Survey coverage	CSC < 3/60, for all persons	CSC < 6/60, for all persons
Argentina ^{20,32}	2013	National	4,100	92.0%	97.1%	83.7%
Brazil						
São Paulo ^{46*}	2003	Regional, urban	2,224	92.7%	88.9%	82.2%
Bolivia ⁴⁵	2015	National	1,132	95.9%	57.1%	51.2%
Chile						
Region VI ⁴⁹	2006	Regional, urban and rural	3,000	97.2%	75.8%	71.0%
Costa Rica ^{21,33,34}	2015	National	3,255	76.6%	88.9%	76.6%
Cuba						
Havana ^{48*}	2004	Regional, urban	2,760	98.4%	73.0%	65.0%
Dominican Republic ⁵¹	2008	National	3,873	96.9%	62.5%	50.3%
Ecuador ⁵⁰	2009	National	4,012	95.5%	82.3%	62.4%
El Salvador ^{22,35}	2011	National	3,800	89.4%	59.1%	43.6%
Guatemala ²³	2015	National	3,850	97.7%	29.5%	17.4%
Honduras ²⁴	2013	National	3,150	95.2%	75.2%	66.5%
Mexico						
Chiapas ²⁵	2010	Regional, urban and rural	3,300	87%	69%	63.3%
Nuevo Leon ²⁶	2014	Regional, urban and rural	5,460	92.6%	85.2%	68.2%
Queretaro ²⁷	2015	Regional, urban and rural	6,300	94.2%	91.7%	78.5%
Panama ²⁸	2014	National	4,200	98.2%	66.8%	59.2%
Paraguay ²⁹	2011	National	3,000	95.4%	90%	78%
Peru ³⁰	2011	National	5,000	97.0%	66.9%	57.4%
Uruguay ³¹	2011	National	3,956	94.3%	91.3%	86.0%
Venezuela ^{47*}	2004	National	3,317	97.6%	70.2%	58.75%

CSC: Cataract surgical coverage.

to 20/60). For the purposes of analysis, we used the metric VA levels of 30/60 and 6/18. Calculations and assumptions followed the previous meta-analysis, with the exception that intraclass correlation coefficient (ICC; to determine the probability that, if one eye had cataract, the other eye would develop cataract) was not done, because the results of the previous meta-analysis strongly demonstrated that eye correlation in Latin America was not an issue, with the ICC < 3.0.¹⁷ The DE was set to 1.6 for x, y, and z factors. The x values were calculated by solving for x in the following equation: $CSC (\%) = (x + y) / (x + y + z) * 100$, where x = number of persons with 1 operated and 1 visually impaired eye due to cataract, y = number of persons with bilateral (pseudo)aphakia, and z = number of persons bilaterally visually impaired by cataract (pinhole VA < 3/60 or < 6/18).

Meta-analysis

The numerators and denominators used in the meta-analysis were the same as those calculated for the CSC, representing both a CSC rate and a probability that a person received cataract surgery. Men and women were the comparator groups for each study. In the event a country had data from multiple, regional studies (as opposed to data from 1 national survey), data from the regional studies were pooled for data entry. A random effects model was chosen for meta-analysis to account for some heterogeneity between studies with respect to variation in geographic region and demographics. To be able to compare between studies, the effect measure was odds ratio (OR).

The data were analyzed using Medcalc software (19.0.3; Ostend, Belgium) to calculate the OR, 95%

Table 2. Results of meta-analysis for odds ratio obtaining cataract surgery for individuals at a pinhole visual acuity of < 3/60 from studies published since 2011

Study (-ies)	Women		Men		Weight	Odds ratio (95% CI)
	Events	Total	Events	Total		
Argentina ^{20,32}	72	74	58	60	2.4%	1.24 (0.17-9.08)
Bolivia ⁴⁵	8	16	4	6	2.5%	0.50 (0.07-3.55)
Costa Rica ^{21,33,34}	56	63	28	33	6.2%	1.43 (0.42-4.91)
El Salvador ^{22,35}	24	41	26	44	12.7%	0.98 (0.41-2.32)
Guatemala ^{23,36}	14	46	9	30	8.7%	1.02 (0.38-2.78)
Honduras ^{24,37}	34	49	26	36	10.6%	0.87 (0.34-2.25)
Mexico ^{25-27,38-40}	135	162	146	166	24.5%	0.69 (0.37-1.28)
Panama ^{28,41}	76	96	79	107	22.2%	1.35 (0.70-2.59)
Paraguay ^{29,42}	22	24	20	23	2.7%	1.65 (0.25-10.91)
Peru ^{30,43}	34	52	24	39	12.8%	1.18 (0.50-2.80)
Uruguay ^{31,44}	49	55	27	29	3.4%	0.61 (0.11-3.21)
Total	524	678	447	573	100.0%	0.99 (0.74-1.33)

CI: Confidence Interval.

Heterogeneity: $Q = 3.89$; $df = 10$ ($p = 0.95$); I^2 (95% CI) = 0.0% (0.00-0.00).Test for overall random effect: $Z = -0.088$ ($p = 0.93$).**Table 3. Results of meta-analysis for odds ratio obtaining cataract surgery for individuals at a pinhole visual acuity of < 6/18 from studies published since 2011**

Study (-ies)	Women		Men		Weight	Odds ratio (95% CI)
	Events	Total	Events	Total		
Argentina ^{20,32}	98	137	59	91	9.4%	1.36 (0.72-2.41)
Bolivia ⁴⁵	10	27	4	10	1.4%	0.88 (0.20-3.90)
Costa Rica ^{21,33,34}	64	116	34	67	8.4%	1.2 (0.65-2.18)
El Salvador ^{22,35}	29	106	33	111	8.8%	0.89 (0.49-1.61)
Guatemala ^{23,36}	20	189	13	175	5.4%	1.48 (0.71-3.06)
Honduras ^{24,37}	40	99	30	78	8.3%	1.09 (0.59-1.99)
Mexico ^{25-27,38-40}	151	265	158	250	24.4%	0.77 (0.54-1.10)
Panama ^{28,41}	100	179	98	197	18.5%	1.28 (0.85-1.92)
Paraguay ^{29,42}	27	41	23	43	3.9%	1.68 (0.70-4.05)
Peru ^{30,43}	41	102	31	93	8.9%	1.34 (0.75-2.41)
Uruguay ^{31,44}	55	117	34	63	8.1%	0.76 (0.41-1.40)
Total	635	1,378	517	1,178	100.0%	1.07 (0.90-1.26)

CI: Confidence Interval.

Heterogeneity: $Q = 8.84$; $df = 10$ ($p = 0.55$); I^2 (95% CI) = 0.0% (0.0-55.2).Test for overall random effect: $Z = 0.74$ ($p = 0.46$).

confidence intervals (CIs), and p values using a random effects model. Meta-analysis was done for all studies published since 2011 and for all eligible studies included at VAs of < 3/60 and < 6/18. The I^2 (inconsistency) statistic and the Cochran Q statistic estimated the statistical heterogeneity¹⁷.

Results

Sixteen RAAB publications were extracted from the literature search; 4 were excluded for being reviews, resulting in 12 new RAAB publications and their study reports included in the meta-analysis²⁰⁻⁴⁴. A 2014 national RAAB survey in Bolivia⁴⁵ and a 2016 nationwide RAAB survey in Cuba were also listed on the RAAB Repository; however, the Cuban study was excluded from this analysis because the data were not published in the repository and are not available. The Guatemala article had insufficient data, and the study reported was not available to download on the RAAB Repository; thus, a study author was contacted who provided the study report (Personal E-mail Communication, Furtado JF, September, 3, 2019). Therefore, 13 new RAAB studies were included in this analysis. Among the new studies, there were 3 Mexican studies conducted in 3 different states;^{25-27, 38-40} data from these 3 studies were pooled for meta-analysis.

Three older RACSS studies⁴⁶⁻⁴⁸ and 3 RAAB studies⁴⁹⁻⁵¹ that were included in the previous meta-analysis were also included in the updated meta-analysis, because they were in countries that have not had new RAAB data released since 2011. Therefore, a total of 19 studies from 17 countries were included in the updated meta-analysis (Table 1). Thirteen studies were national RAAB surveys. The sample size among the studies varied widely from 1,132 persons in Bolivia to 6,300 in Queretaro, Mexico. Coverage also varied from 76.6% in Costa Rica to 97.7% in Guatemala. The CSC for persons with cataract blindness (VA < 3/60) varied drastically from 29.5% in Guatemala to 97.1% in Argentina.

For CSC rates on an individual basis from studies published since 2011, the ORs at a VA of < 3/60 and < 6/18 were not statistically significant at 0.99 (95% CI: 0.74-1.33) and 1.07 (0.90-1.26), respectively (Tables 2 and 3 and Figs. 1 and 2). There was no heterogeneity encountered among studies. Therefore, in Latin American RAAB studies published since 2011, there were no significant differences between men and women in terms of CSC at any VA level.

Meta-analysis results for all eligible studies included were similar to those of more recent studies, with non-statistically significant ORs at a VA of < 3/60 and < 6/18

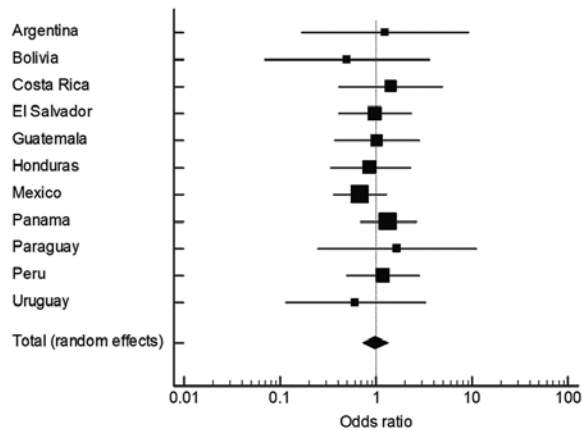


Figure 1. Forest plot of odds ratio (OR) of obtaining cataract surgery for individuals at a pinhole visual acuity of < 3/60 from studies published since 2011. ORs < 1 mean women have worse cataract surgical coverage (CSC), and ORs > 1 mean that women have better CSC, compared to men.

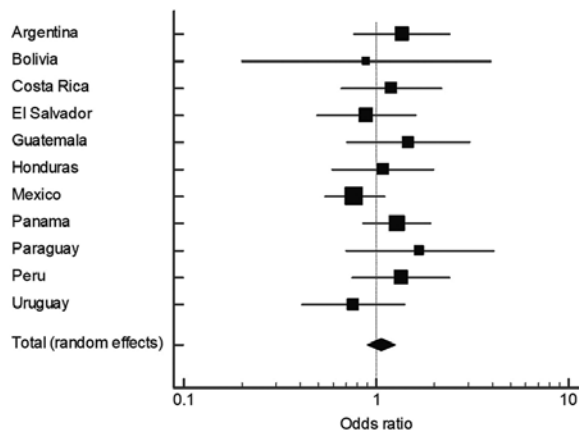


Figure 2. Forest plot of odds ratio (OR) of obtaining cataract surgery for individuals at a pinhole visual acuity of < 6/18 from studies published since 2011. ORs < 1 mean women have worse cataract surgical coverage (CSC), and ORs > 1 mean that women have better CSC, compared to men.

of 1.04 (95% CI: 0.82-1.32) and 1.04 (95% CI: 0.90-1.19), respectively (Tables 4 and 5 and Figures 3 and 4). Again, there was no heterogeneity. Thus, in all RAAB and RACSS studies analyzed, there were no significant differences between men and women in terms of CSC at any VA level.

Discussion

Overall, the results of this updated meta-analysis for both the most recent RAAB studies (Tables 2-3) (Figs. 1 and 2) and all eligible studies (Tables 4-5)

Table 4. Results of meta-analysis for odds ratio obtaining cataract surgery for individuals at a pinhole visual acuity of < 3/60 from all studies included for analysis

Study (-ies)	Women		Men		Weight	Odds Ratio (95% CI)
	Events	Total	Events	Total		
Argentina ^{20,32}	72	74	58	60	1.4%	1.24 (0.17-9.08)
Bolivia ⁴⁵	8	16	4	6	1.5%	0.50 (0.07-3.55)
Brazil ⁴⁶	48	54	37	42	3.6%	1.08 (0.31-3.82)
Chile ⁴⁹	28	33	15	24	3.6%	3.36 (0.95-11.85)
Costa Rica ^{21,33,34}	56	63	28	33	3.7%	1.43 (0.42-4.91)
Cuba ⁴⁸	39	56	35	46	7.2%	0.72 (0.30-1.75)
Dominican Republic ⁵¹	21	35	22	35	6.1%	0.89 (0.34-2.32)
Ecuador ⁵⁰	63	76	56	69	7.9%	1.13 (0.48-2.63)
El Salvador ^{22,35}	24	41	26	44	7.6%	0.98 (0.41-2.32)
Guatemala ^{23,36}	14	46	9	30	5.6%	1.02 (0.38-2.78)
Honduras ^{24,37}	34	49	26	36	6.3%	0.87 (0.34-2.25)
Mexico ^{25-27,38-40}	135	162	146	166	14.6%	0.69 (0.37-1.28)
Panama ^{28,41}	76	96	79	107	13.2%	1.35 (0.70-2.59)
Paraguay ^{29,42}	22	24	20	23	1.6%	1.65 (0.25-10.91)
Peru ^{30,43}	34	52	24	39	7.6%	1.18 (0.50-2.80)
Uruguay ^{31,44}	49	55	27	29	2%	0.61 (0.11-3.21)
Venezuela ⁴⁷	41	56	21	32	6.4%	1.43 (0.56-3.66)
Total	764	988	633	821	100.0%	1.04 (0.82-1.32)

CI: Confidence Interval.

Heterogeneity: $Q = 8.59$; $df = 16$ ($p = 0.93$); I^2 (95% CI) = 0.0% (0.00-8.5).

Test for overall random effect: $Z = 0.32$ ($p = 0.75$).

(Figs. 3 and 4) are fairly similar to results from the original meta-analysis, which previously demonstrated ORs of 1.12 (95% CI: 0.78-1.63) and 0.94 (95% CI: 0.77-1.15) for women receiving cataract surgery at a VA of < 3/60 and < 6/18, respectively, compared to men.¹⁷ The main difference between the 2 meta-analyses was that the previous study reported some heterogeneity for results at a VA of < 3/60 ($I^2 = 30\%$), while there was no heterogeneity encountered in the current study. The updated meta-analysis demonstrates that the majority of Latin American countries continue to demonstrate gender equity in terms of CSC.

Both the original and updated meta-analyses included unpublished data to avoid publication bias. It should be noted that the original meta-analysis included data from 11 studies from 11 countries, whereas the current study included data from 19 studies in 17 countries.

Table 5. Results of meta-analysis for odds ratio obtaining cataract surgery for individuals at a pinhole visual acuity of < 6/18 from all studies included in analysis

Study (-ies)	Women		Men		Weight	Odds ratio (95% CI)
	Events	Total	Events	Total		
Argentina ^{20,32}	98	137	59	91	5.9%	1.36 (0.72-2.41)
Bolivia ⁴⁵	10	27	4	10	0.9%	0.88 (0.20-3.90)
Brazil ⁴⁶	52	70	42	51	2.4%	0.62 (0.25-1.52)
Chile ⁴⁹	35	73	18	48	3.5%	1.54 (0.73-3.23)
Costa Rica ^{21,33,34}	64	116	34	67	5.3%	1.2 (0.65-2.18)
Cuba ⁴⁸	53	145	45	105	7.3%	0.77 (0.46-1.28)
Dominican Republic ⁵¹	28	108	30	102	5.2%	0.84 (0.46-1.54)
Ecuador ⁵⁰	85	183	81	184	11.3%	1.10 (0.73-1.66)
El Salvador ^{22,35}	29	106	33	111	5.5%	0.89 (0.49-1.61)
Guatemala ^{23,36}	20	189	13	175	3.6%	1.48 (0.71-3.06)
Honduras ^{24,37}	40	99	30	78	5.2%	1.09 (0.59-1.99)
Mexico ^{25-27,38-40}	151	265	158	250	15.3%	0.77 (0.54-1.10)
Panama ^{28,41}	100	179	98	197	11.6%	1.28 (0.85-1.92)
Paraguay ^{29,42}	27	41	23	43	2.5%	1.68 (0.70-4.05)
Peru ^{30,43}	41	102	31	93	5.6%	1.34 (0.75-2.41)
Uruguay ^{31,44}	55	117	34	63	5.1%	0.76 (0.41-1.40)
Venezuela ⁴⁷	43	80	25	51	3.9%	1.21 (0.60-2.44)
Total	931	2,037	758	1,719	100.0%	1.04 (0.90-1.19)

CI: Confidence Interval.

Heterogeneity: $Q = 13.32$; $df = 16$ ($p = 0.65$); I^2 (95% CI) = 0.0% (0.0-41.33).Test for overall random effect: $Z = 0.51$ ($p = 0.61$).

Also noteworthy is that among the 13 new studies included, 5 studies presented newer, updated data in 5 countries, 4 of which had only prior regional data before undertaking a national RAAB survey. Therefore, a stronger representation of the Latin American region was observed in the current study.

These CSC findings for Latin America contrast sharply with gender inequity in terms of receiving cataract surgery in other developing countries and regions⁷⁻¹³. For example, a recent systematic review of data from 22 studies in India found that although women had a 69% higher odds of being cataract blind (OR: 1.69, 95% CI: 1.44-1.95), they had a 27% lower odds of receiving cataract surgery (OR: 0.73, 95%: 0.45-1.01). Where gender inequity in terms of CSC is present, it is not adequate to merely provide eye health services equally to men and women, when the

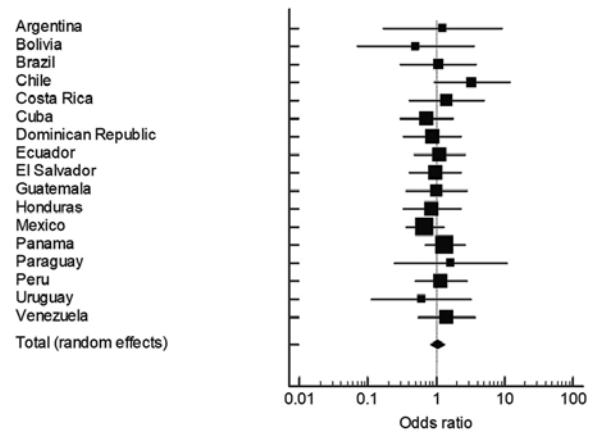


Figure 3. Forest plot of odds ratio (OR) of obtaining cataract surgery for individuals at a pinhole visual acuity of < 3/60 from all studies included for analysis. ORs < 1 mean women have worse cataract surgical coverage (CSC), and ORs > 1 mean that women have better CSC, compared to men.

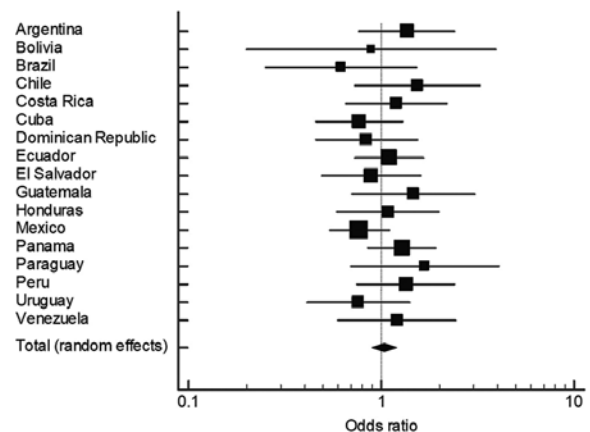


Figure 4. Forest plot of odds ratio (OR) of obtaining cataract surgery for individuals at a pinhole visual acuity of < 6/18 from all studies included for analysis. ORs < 1 mean women have worse cataract surgical coverage (CSC), and ORs > 1 mean that women have better CSC, compared to men.

burden of cataract is greater for women. It has been suggested that to achieve gender equity in terms of receiving cataract surgical services, up to 65% of cataract surgeries should be performed on women, which would decrease the incidence of global blindness by 12.5%^{4,5}.

As with the original meta-analysis of CSC in Latin America, the findings of the updated meta-analysis must be taken into consideration with the possibility that there may be gender inequity in countries lacking RAAB surveys, or there may be inequity in parts of some countries (although the majority of the most

recent surveys were national surveys), or there may be inequity reported by epidemiological surveys excluded from this meta-analysis that used methodologies different than the RAAB¹⁷. This last point is especially important because the sample size calculation used in the RAAB methodology is not powered to detect statistically significant gender differences in CSC. Although the provision of cataract surgery is used to measure the overall provision of eye care services,⁶ we do not know from this study if gender inequity exists in terms of the quality of cataract surgery (i.e., postoperative outcomes) or in terms of receiving treatment for other eye diseases.¹⁷ The RAAB methodology now includes a diabetic retinopathy component that has been used in select studies in Latin America that measures coverage for patients with diabetic eye disease,²⁵⁻²⁷ and an effective CSC indicator has been developed to assess surgical quality⁹. Future analysis could explore gender inequity in terms of surgical outcomes and eye care among patients with diabetes, as more relevant data become available.

Although we did not perform a systematic review that assessed the quality of the studies analyzed, the results from this meta-analysis are reliable due to the fact that the studies followed a standard design recommended by the World Health Organization for obtaining ophthalmic epidemiology data,⁶ with analysis of original study data done using the same software. Thus, there was no variation in the quality of data used in this meta-analysis¹⁷. However, for the more comprehensive analysis of all eligible studies, we did use data from studies that are over 10 years old, which may not reflect the actual situation of CSC in those countries and regions. Therefore, it is possible that the results of the meta-analysis of studies published since 2011 are more reliable.

Conclusions

This updated meta-analysis of CSC data obtained from ophthalmic epidemiological studies done in Latin America continues to support the finding that gender inequity in terms of receiving cataract surgery is not an issue in the region. The results of this study do not provide further insight into gender inequity in terms of the quality of cataract surgery and other types of eye care services. As more regional data become available, a more robust analysis of gender inequity in eye care could be done in the future.

Conflicts of interest

The authors have no conflicts of interest.

Ethical disclosures

Protection of human and animal subjects. The authors declare that no experiments were performed on humans or animals for this study.

Confidentiality of data. The authors declare that no patient data appear in this article.

Right to privacy and informed consent. The authors declare that no patient data appear in this article.

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